

<b>APENDIX 7: VERPLICHTE W.K.F. KATA LIJST (SHITEI)</b>
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<b>Goju</b>	<b>Seipai Saifa</b>
<b>Shoto</b>	<b>Jion Kanku Dai</b>
<b>Shito</b>	<b>Bassai Dai Seienchin</b>
<b>Wado</b>	<b>Seishan Chinto</b>

<b>APENDIX 8: W.K.F. TOKUI KATA LIJST</b>
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**GOJU-RYU KATAS**

1. Sanchin
2. Saifa
3. Seiyunchin
4. Shisochin
5. Sanseru
6. Seisan
7. Seipai
8. Kururunfa
9. Suparimpei
10. Tensho

**WADO-RYU KATAS**

1. Kushanku
2. Naihanchi
3. Seishan
4. Chinto
5. Passai
6. Niseishi
7. Rohai
8. Wanshu
9. Jion
10. Jitte

**SHOTOKAN KATAS**

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|---------------|--------------------|
| 1. Bassai-Dai | 12. Jion           |
| 2. Bassai-Sho | 13. Sochin         |
| 3. Kanku-Dai  | 14. Nijushiho Sho  |
| 4. Kanku-Sho  | 15. Goju Shiho-Dai |

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|-------------------|--------------------|
| 5. Tekki – Shodan | 16. Goju Shiho-Sho |
| 6. Tekki – Nidan  | 17. Chinte         |
| 7. Tekki – Sandan | 18. Unsu           |
| 8. Hangetsu       | 19. Meikyo         |
| 9. Jitte          | 20. Wankan         |
| 10. Enpi          | 21. Jiin           |
| 11. Gankaku       |                    |

### SHITO-RYU KATAS

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|----------------------|-----------------------|
| 1. Jitte             | 22. Naifanchin Shodan |
| 2. Jion              | 23. Naifanchin Nidan  |
| 3. Jiin              | 24. Naifanchin Sandan |
| 4. Matsukaze         | 25. Aoyagi (Seiryu)   |
| 5. Wanshu            | 26. Jyuroku           |
| 6. Rohai             | 27. Nipaipo           |
| 7. Bassai Dai        | 28. Sanchin           |
| 8. Bassai Sho        | 29. Tensho            |
| 9. Tomari Bassai     | 30. Seipai            |
| 10. Matsumura Bassai | 31. Sanseiru          |
| 11. Kosokun Dai      | 32. Saifa             |
| 12. Kosokun Sho      | 33. Shisochin         |
| 13. Kosokun Shiho    | 34. Kururunfa         |
| 14. Chinto           | 35. Suparimpei        |
| 15. Chinte           | 36. Hakucho           |
| 16. Seienchin        | 37. Pachu             |
| 17. Sochin           | 38. Heiku             |
| 18. Niseishi         | 39. Paiku             |
| 19. Gojushiho        | 40. Annan             |
| 20. Unshu            | 41. Annanko           |
| 21. Seisan           | 42. Papuren           |